

ICONIC 2026

Submission Guidelines (APA Style – 7th Edition)

The 1st International Conference on Mental Health and Intercultural Communities

A. GENERAL REQUIREMENTS

All submissions must:

- Be written in English (academic style)
- Be original and not previously published
- Follow APA Style (7th Edition)
- Use clear, concise, and scholarly language
- Be submitted in Microsoft Word (.doc/.docx) format

B. ABSTRACT GUIDELINES

1. Length

- 200–300 words

2. Structure (WAJIB TERSTRUKTUR)

Abstract must clearly include:

- Background – context and research problem
- Objective – purpose of the study
- Method – design, sample, and analysis
- Results – key findings (or expected findings for research-in-progress)
- Conclusion – contribution/implication

3. Formatting

- Font: Times New Roman
- Size: 11 pt
- Spacing: Single spacing
- Alignment: Justified
- No indentation
- No citations (unless it is very important)

4. Keywords

- 3–5 keywords
- Written below the abstract
- Use italic format: *Keywords: mental health, intercultural...*

C. FULL PAPER GUIDELINES

1. Length

- 5,000 – 7,000 words (including references)

2. Document Formatting (APA STANDARD)

- Font: Times New Roman
- Size: 12 pt
- Spacing: Double spacing
- Margin: 1 inch (2.54 cm) on all sides
- Alignment: Left-aligned (APA standard)
- Paragraph indentation: 0.5 inch (1.27 cm)

3. STRUCTURE OF THE PAPER

Title Page

- Title (bold, centered)
- Author(s) name
- Affiliation
- Email address

Abstract

- 150–250 words (untuk full paper versi jurnal-style)
- Keywords (3–5)

1. Introduction

- Background of the study
- Research problem
- Literature gap
- Research objectives
- Significance of the study

2. Literature Review

- Relevant theories
- Previous studies
- Conceptual framework / hypothesis

3. Method

Must clearly describe:

- Research design
- Participants/sample
- Instruments
- Procedure
- Data analysis technique

4. Results

- Findings presented clearly
- Use tables/figures if needed
- No interpretation (only findings)

5. Discussion

- Interpretation of results
- Comparison with previous studies
- Theoretical implications
- Practical implications

6. Conclusion

- Summary of findings
- Contributions
- Limitations

- Recommendations

References

- Must follow APA 7th Edition
- Minimum 10–20 references
- At least 70% from recent international journals (last 5–10 years)

D. HEADING FORMAT (APA STYLE)

- Level 1: Bold, Centered
- Level 2: Bold, Left-aligned
- Level 3: *Italic, Left-aligned*

E. CITATION & REFERENCES (APA 7th)

In-text citation:

- One author: (*Smith, 2020*)
- Two authors: (*Smith & Lee, 2021*)
- Three or more: (*Smith et al., 2022*)

Reference examples:

Journal Article

Smith, J. A., & Lee, K. (2021). Title of article. *Journal Name*, 12(3), 123–145. <https://doi.org/xxxxx>

Book

Smith, J. A. (2020). *Title of book*. Publisher.

F. TABLES (APA STYLE)

- Title placed above the table
- Numbered: *Table 1, Table 2...*
- Use simple lines (no vertical lines)
- Source (if any) placed below table

G. FIGURES & IMAGES

- Numbered: *Figure 1, Figure 2...*
- Caption placed below the figure
- Must be high resolution
- Must be referenced in the text

H. GRAPHS & CHARTS

- Must be clear and readable
- Avoid excessive color
- Use consistent labeling
- Include axis titles and units

I. FORMULAS & MATHEMATICAL EXPRESSIONS

- Centered in the page
- Numbered if referenced:

Example:

(1)

Use standard mathematical notation and ensure consistency throughout the paper.

J. LANGUAGE & STYLE

- Use formal academic English
- Avoid:
 - Informal language
 - Contractions (don't, can't)
- Maintain clarity and precision
- Prefer active voice where appropriate

K. ETHICAL CONSIDERATIONS

- Avoid plagiarism (similarity check required)
- Proper citation is mandatory
- If applicable:
 - Include ethical clearance
 - Informed consent

L. REVIEW PROCESS

All submissions will undergo:

- Double-blind peer review
- Evaluation based on:
 - Originality
 - Theoretical contribution
 - Methodological rigor
 - Clarity of presentation

M. FINAL NOTE

ICONIC encourages submissions that are:

- Intellectually rigorous
- Culturally sensitive
- Socially relevant

We particularly welcome contributions that bridge mental health and intercultural understanding, and support the development of emerging scholars, especially graduate students.